

Medical news you can use to make your life better.

\$8.95

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Common
panic attack triggers:

- **Unexplainable fear!**
- **Losing your job!**
- **Your family!**
- **Your health!**
- **Losing your house!**
- **Stress!**
- **High blood pressure!**
- **Getting older!**
- **Sleepless nights!**
- **Unfamiliar environment!**
- **Embarrassing situations!**
- **Low energy levels!**



Inside:

Discover the doctor-formulated, revolutionary, all-natural remedy for panic and anxiety attacks — *and it'll help you sleep at night, too!*

Relief is HERE!
See page 5!

**Guaranteed
to work!**

What's about to set off your next

Panic Attack?

Out of nowhere your heart starts pounding ... mind races a mile a minute ... you feel like you're choking ... palms sweat ... shake uncontrollably ... bowels feel loose ... and you think you're having a heart attack or "going crazy" — or **WORSE!**

If it happened once — it can happen again — but now — **it doesn't have to happen to YOU!**

Dear Friend,

It comes out of nowhere — but when a panic attack hits ...
... Your heart is pounding so hard it feels like it's about to bust out of your chest ...

... You can't breathe — and start to feel dizzy ...

... Your mind is racing a mile a minute — with thoughts about what may, would, could, should happen ...

... You're sweating uncontrollably — and your hands feel clammy and tense ...

... Your bowels feel like they may let "go" at any time ... And you're not sure if you're having a heart attack or "going crazy."

All you know is that it feels like it's never going to end —



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